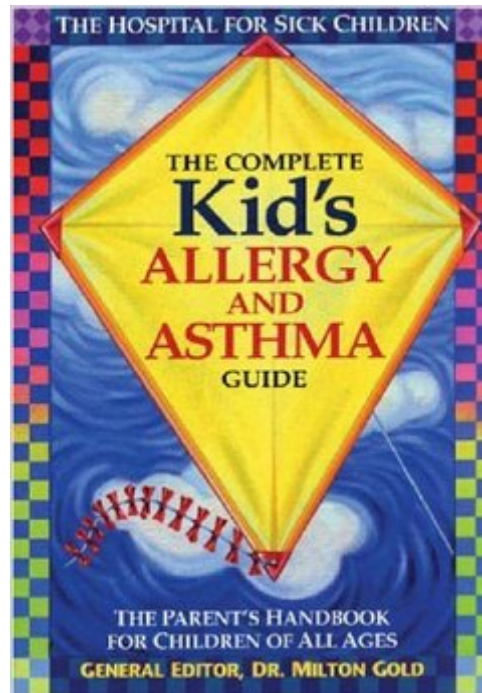


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# The Complete Kid's Allergy And Asthma Guide: Allergy And Asthma Information For Children Of All Ages



## Synopsis

Medically-proven strategies for parents and caregivers. The Complete Kid's Allergy and Asthma Guide gives parents a comprehensive, authoritative guide with common-sense guidelines, recommendations and tips on dealing with the asthmatic condition and the multiple allergic problems of children. Developed in collaboration with The Hospital for Sick Children, this book provides the most up-to-date, expert advice available, with easy-to-read information about every aspect of allergy and asthma. The guide includes:

- The most common types of allergic problems
- How an allergy or asthma develops
- How to minimize allergic reactions
- How to avoid allergens and irritants
- How to prevent a child's asthma from getting worse
- How to prepare for an emergency

For a child who has not yet received a medical diagnosis, The Complete Kid's Allergy and Asthma Guide provides parents with vital information on how to read the signs of allergy and asthma -- from keeping a food diary, to monitoring asthma symptoms, to tracking allergic reactions. A record of these observations is crucial to isolating a child's allergy and asthma triggers. This comprehensive guide offers daily coping strategies (how to check food labels, managing social situations, traveling tips), as well as dealing with more serious aspects of preparing for and handling severe allergic and asthmatic reactions.

## Book Information

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## Customer Reviews

How will a parent know if a rash or reaction is due to a flu, an insect sting, or a more serious allergy? The Complete Kid's Allergy and Asthma Guide: The Parent's Handbook for Children of All

Ages provides parents with a handbook for all ages, including food allergies, airborne allergies, and insect allergies among its quick reference lists of symptoms and treatment options. An essential home guide, this should be in every parent's health library.

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The Complete Kid's Allergy and Asthma Guide: Allergy and Asthma Information for Children of All Ages Asthma: Treatment for beginners (2nd EDITION + BONUS CHAPTERS) - Diet, Cures and Natural Remedies to get rid of Asthma Naturally (Asthma Cure - Asthma Diet - Asthma Treatment - Asthma Tips Book 1) The Paleo Kid Lunch Box: 27 Kid-Approved Recipes That Make Lunchtime A Breeze (Primal Gluten Free Kids Cookbook) NO Allergy with Acupressure: Instant Allergy Self-Treatment, Picture Guide (Volume 1) The Asthma and Allergy Action Plan for Kids: A Complete Program to Help Your Child Live a Full and Active Life The Allergy and Asthma Cure: A Complete 8-Step Nutritional Program Asthma-Free Naturally: Everything You Need to Know to Take Control of Your Asthma - Featuring the Buteyko Breathing Method Suitable for Adults and Children 101 Animal Jokes For Kids : Using Sight Words To Learn How To Read: Illustrated Picture Book for ages 5-9. Teaches your kid Sight Words for Beginner readers All You Need to know about Managing Asthma: The Best Ever Natural Treatments to help you get your life Back! (Asthma, allergies, exercise) The Allergy Book: Solving Your Family's Nasal Allergies, Asthma, Food Sensitivities, and Related Health and Behavioral Problems The Allergy-Fighting Garden: Stop Asthma and Allergies with Smart Landscaping Dr. Dean Mitchell's Allergy and Asthma Solution: The Ultimate Program for Reversing Your Symptoms One Drop at a Time Dark Ages Mage (Vampire: The Dark Ages) Dark Ages Companion - A Sourcebook for Vampire: The Dark Ages Dark Ages Vampire (Vampire: The Dark Ages) Yoga for Kids: Safe Yoga Poses for Children ages 0-12: Starting Them Young: Children's Yoga Poses for Total Mind-Body Fitness (Yoga for Kds) Children's Books: THE LITTLE LEPRECHAUN WHO LOVED YELLOW! (Absolutely Delightful Bedtime Story/Picture Book About Following Your Heart, for Beginner Readers, ages 2-8) (Happy Children's Series) Soap Carving: For Children of All Ages (Schiffer Book for Woodcarvers) Practical guide for the diagnosis and management of asthma : based on the Expert Panel report 2 : guidelines for the diagnosis and management of asthma (SuDoc HE 20.3208:AS 8/8) The Whole Family Guide to Natural Asthma Relief: comph Drug Free solns for Treatment Prevention Asthma Allergies

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